

Pensar Academy

2024 School Health Index Results

High Strength Areas



87%

School and Safety Policies and Environment



95%

School Counseling, Psychological, and Social Services



100%

Social and Emotional Climate



96%

Physical Environment

Medium Strength Areas



57%

Family Engagement



52%

School Health Services



52%

Community Involvement



52%

Health Education

High Medium Strength Areas



70%

Physical Education and Physical Activity



78%

Nutrition and Environment Services



60%

Employee Wellness and Health Promotion

Pensar Academy's 2024 Action Plan will focus on the following area:



52%

Health Education

Pensar Academy will be introducing curriculum units and a schoolwide campaign that includes:

- Teaching functional health information (essential knowledge)
- Shaping personal values and beliefs that support healthy behaviors
- Shaping group norms that value a healthy lifestyle
- Developing the essential health skills necessary to adopt, practice, and maintain health-enhancing behaviors

How? Biology units of human systems in STEM class, Nutrition units in PE, School sponsored fun runs...and much more!



Pensar Academy

6135 NORTH BLACK CANYON HIGHWAY, PHOENIX, AZ

YOUR STUDENT WILL SPEND 1,274 HOURS AT SCHOOL THIS YEAR...

DO THEY LOVE IT? OUR STUDENTS DO.

www.pensaracademy.org

